

The Voices

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AYE



Of the **Storm**.

Direction : in

Key words : hope, destiny, journey,
future, goal, vision, plan,
manifestation

Time of Day : dawn

Body Part : eyes

Movement : wide twirls

Where are you going next?

You can see it all. It's as if you are standing atop a mountain you just climbed and looking out over the view. Eat liquorice. Wear dark sunglasses. Say Yes. Go to an open field and shout. Board an airplane. Be somewhere new. Act. Look directly into the storm and don't look away.

To Invoke : Make a to-do list while tying your shoes.

Accept the path and start to walk.

EEJ

Of the Flame.



Direction : out

Key words : will, desire, drive, erotic, pleasure, power, inner-knowing

Time of Day : dusk

Body Part : stomach

Movement : kicking & thrashing

What do you want?

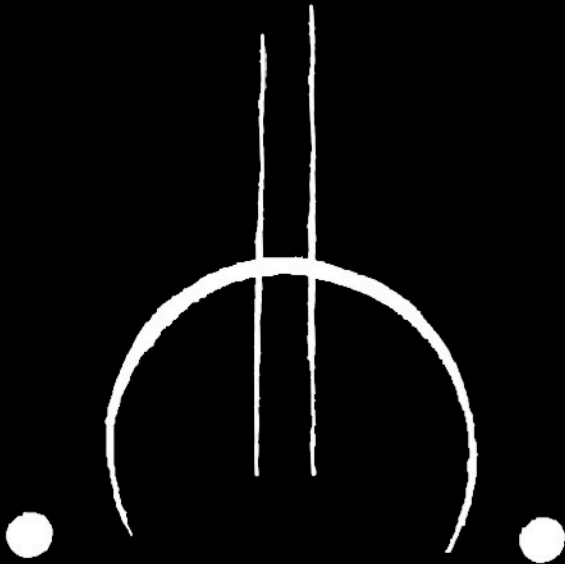
The gut knows. Make use of your sizzling, moaning breath. Surround yourself with fallen leaves, chocolate, berries, and nuts. Write love letters, warm your hands, speak in declarations. Try looking as voluptuous as possible.

This is the moment where passion is ready to ignite you. Follow the drive. Delight in every sensation. Go after what you want.

To Invoke : Decorate yourself. Become the altar.

Your power sleeps in your center.

LEEF



Of the **Sprout**.

Direction : down

Key words : growth, lessons,
learning, home, family, roots,
beginnings

Time of Day : morning

Body Part : mouth

Movement : crouched bounce

I'm a beginner!

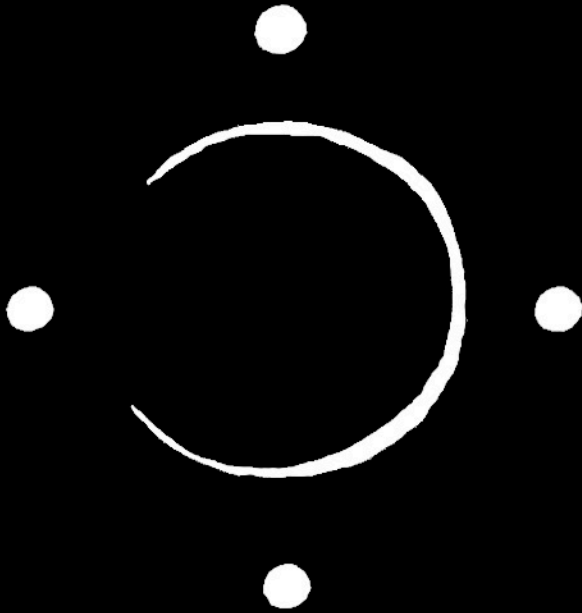
You are still a child. Learn to walk. Learn to sing. Push up and out of the dirt.

You want the world to welcome you. Try getting as low down as the crawling bugs. Smell the dirt and plants. Rejoice. Throw tantrums. Fill your big cheeks full of air. Wear all the colors. Run to the beach, to the park, to the backyard. Make silly faces in public, wiggle, tell jokes to trees. This is a time of growth.

To Invoke : Wail & Flail or Plant & Pot.

Allow yourself to grow.

TUP



Of The Liquid.

Direction : in

Key words : true love, magic, imagination, possibility, bliss, adoration

Time of Day : just before sunrise

Body Part : chest

Movement : claw dancing

I love you!

Hypnotizing, intoxicating, bewildering. A dash of madness in a pool of the sweetest purity. You've lost all sense of time. Nothing looks the way it used to. Everything melts into a gooey glowing bright ooze. You find yourself frolicking. Fantasizing. Going towards the sparkly things.

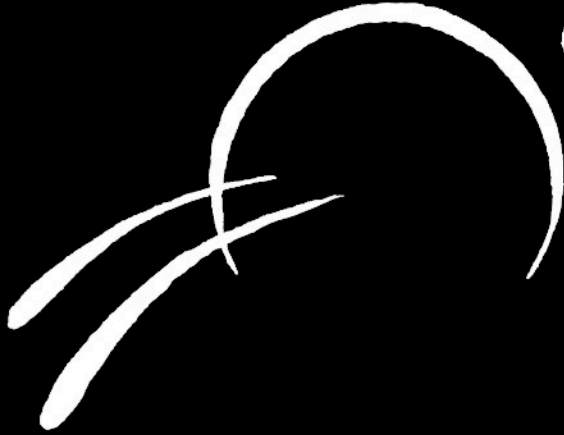
Look at all the infinite wonders of the world. You are among them!

To Invoke : Brush your teeth without blinking & ask for a miracle.

Magic is real.

ANAM

Of the **Living Ones**.



Direction : down

Key words : trust, connection, cooperation, relations, loyalty, society

Time of Day : dinner time

Body Part : arms

Movement : ragdoll

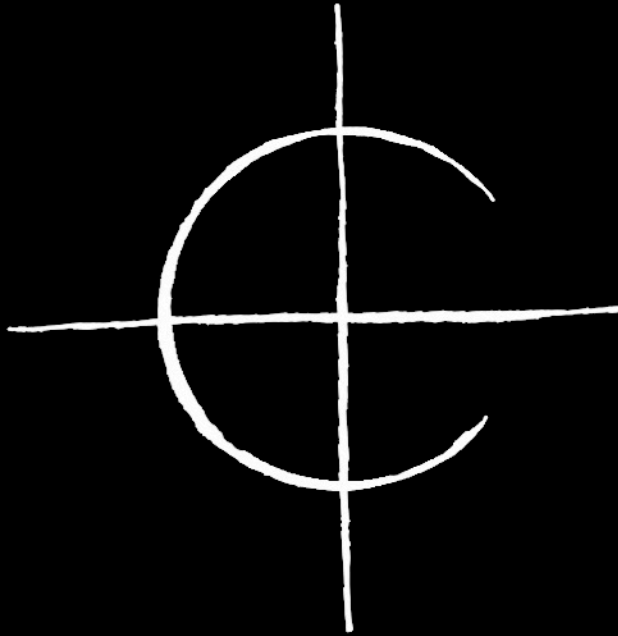
You are a part. We are a whole.

You live among interlocking roots, glowing mycelia, throbbing crowds, and chanting choruses. You are millions of eyes; hundreds of thousands of hands. You are everything. Say aloud, wherever you go, “I live in you, and you live in me.” Seek out dance parties, revolutions, and orgies. Make a plate of food with all the colors of the rainbow. Share.

To Invoke : Work alongside others.

Everything is connected.

XAOW



Of Wind.

Direction : out

Key words : change, choice, crossroads, decisions, cycles of life, omens

Time of Day : twilight

Body Part : back

Movement : standing on top of things

Shift! Shift! Shift!

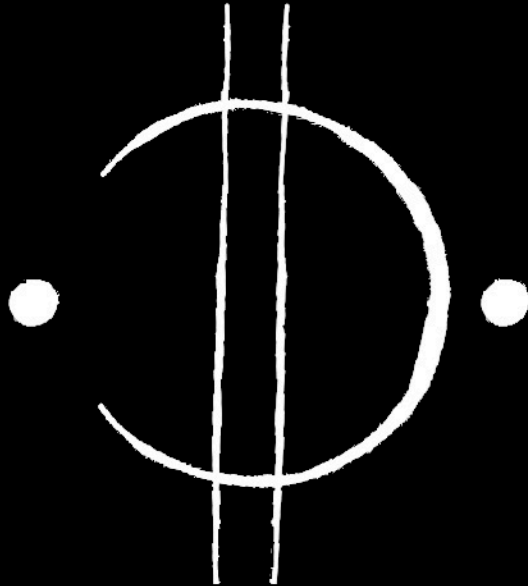
The dice with infinite sides; the ever-growing staircase; the gust on your back that makes you walk just a bit faster. Nothing stays the same for long. At any moment, the whole world could turn upside down. You never know. Something's always changing. Something's always about to change. It's time for a good game of twister. Rearrange all the furniture in the house. A change is on its way right now.

To Invoke : Go to the highest peak. Yodel & flex.

It keeps changing.

CAAV

Of Stone.



Direction : in

Key words : obstacle, wall, challenge, stop, slow, stillness, steady, solid

Time of Day : resting

Body Part : butt

Movement : be as still as possible & keep eyes wide

Stop.

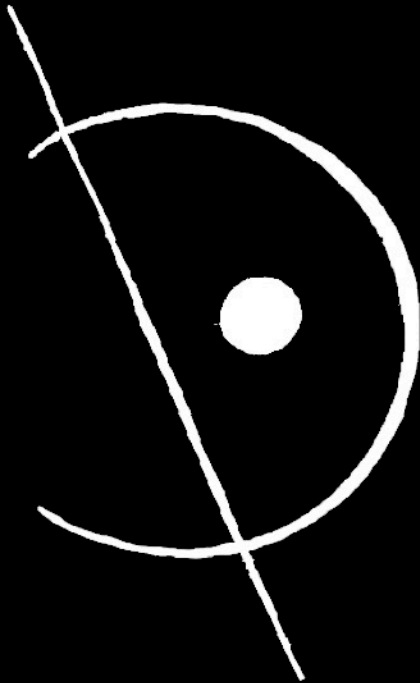
You are a lone boulder upon a hill. You do not move. You love your solitude. Build your strength through routine, steadiness, and disciplined dedication to a practice. Speak in monotone. Dress the same every day. Sleep. Reboot. Consume. Repeat.

Stopping is not an ending, but a checkpoint. A chance to learn how to overcome & persist. Learn where your boundaries are. Say no to what is not serving you. Prepare for when it's time to move again.

To Invoke : Do absolutely nothing.

Know your boundaries.

OLQ



Of Ocean.

Direction : in

Key words : secrets, mystery, uncertain, hidden, unseen, psychic, vision, dream

Time of Day : midnight

Body Part : legs

Movement : rocking back & forth

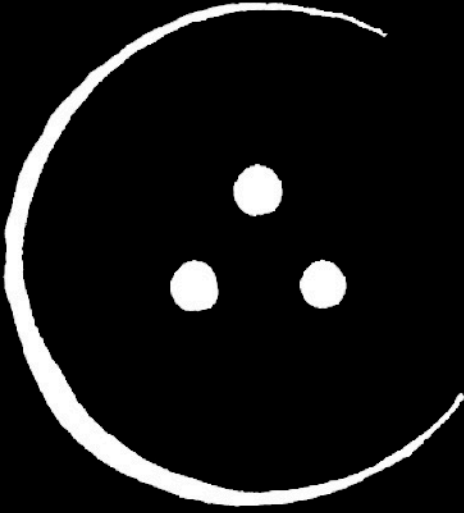
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You are curious. You are full of questioning. You are endlessly dissatisfied. Try to enjoy not knowing. Sleep with your eyes open. Speak in a hush. Immerse yourself in the dark waters. Taste the salty air and low tide smell. The universe is an endless ocean. Find what remains hidden. Keep wondering. A question looks terrifying from a distance, yet sweet and familiar when close up.

To Invoke : Tell a secret, analyze a dream, see a psychic.

Keep asking questions.

ROOK



Of Lava.

Direction : out

Key words : rage, explosion, anger, action, disaster, renewal

Time of Day : midday

Body Part : neck

Movement : hand shapes

I know you!

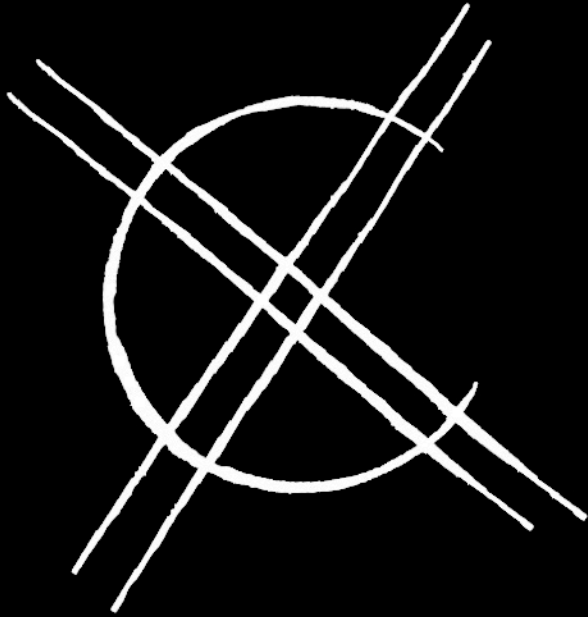
You are blissfully furious. This is what happens when things build up, and build up, and build up, and build up. Disaster is unpredictable. The peak of it is only visible for an instant. Take hold of the moment, and erupt. Be huge. Billow outwards.

You want to unleash yourself. Go ahead. Take action. Burn it down. Then start from scratch.

To Invoke : Go to a sauna, boiler room, or volcano, & multitask.

Volcanoes make islands.

DHA



Of the Redwater.

Direction : out

Key words : healing, purging, trauma, memory, holding, safety, survival, fear

Time of Day : afternoon

Body Part : hands

Movement : jumping

Dive into yourself.

Can you feel your heartbeat? Touch it. Feel it in your wounds, your scabs, your scars. Focus on the smell of metal and mercury and melted memory. It's time to remember. It's time to perform an exorcism. You need to recover. You need to survive. You don't need to be afraid. This is a moment of awakening. Of pleading. Of practicing kindness. This is the work that will help you live beyond the end.

To Invoke : Take things apart & put them back together. Break things & then fix them.

Find where there is healing to do.

SAYE

Of the Stars.



Direction : up

Key words : ancestors, answers, wisdom, words, knowledge, language

Time of Day : first star

Body Part : tail

Movement : star wobble

We all come from the stars, we all will be stars soon.

All around you there is language— the history of the old, the words of the new. Knowledge is passed down in writing, from generation to generation.

Learn a new language. Smell a book as its pages open. Squint at something far in the distance. Drink warm water from a round mug. Seek out your ancestors. Find the color of time. Pass along what needs to be remembered. Remember what was passed along to you.

To Invoke : Listen to the little voices. Make wishes on stars.

You are in conversation with all that surrounds you.

BWUG



Of Bubbles.

Direction : up

Key words : play, laughter, joy, silliness, generosity, gifts, games, presents, present

Time of Day : breakfast time

Body Part : feet

Movement : spinning

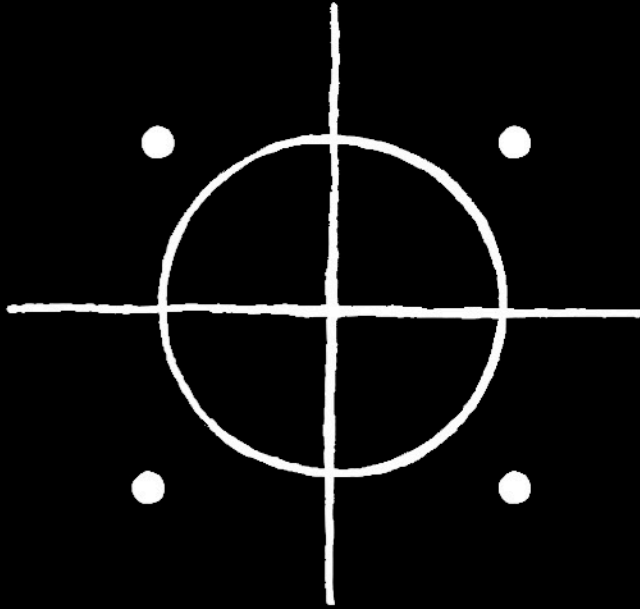
Life is short & there is humor in everything.

Dance to the sounds of bells, giggles, jacuzzis, and balloons! Collect sunflowers, pillows, cake, and gratitude! Give it all away! Bring joy! Bring song! Be fluffy and morphing! Have big cartoon features! It is possible to find good in everything. You want wide arms, happy faces, thank yous and you're welcomes. So, invite them! Create them! Be full of them!

To Invoke: Give flowers to strangers. Speak in tongues.

Remember to play.

UZ



Of Smoke.

Direction : circle

Key words : void, universe, god, everything, nothing, portal, doorway

Time of Day : always/never

Body Part : ears

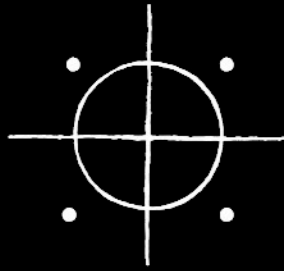
Movement : astral projecting

There is only paradox, the infinite, & the end.

Ash as it falls, rain as it lifts. Worlds spinning, words being spun.
The sound of a thought. The image of a feeling. Open doors. Open mirrors. Ask the sea to touch the sky. Ask the tail to eat the head. Surrender. See the step into your next reality. Open a big wide mouth and swallow. The world is glittering and infinite. You are its reflection.

To Invoke : Practice. Practice. Practice.

Gaze into the void.



Each Voice is symbolized by an unfinished circle. The circle represents an energy, and the opening in the circle allows for the energy to pour out of it. Openings on the left indicate an inward energy, while openings on the right indicate an outward energy — (i.e. Pull vs Push.) Openings on the top are an upward energy (floating, flying, soaring), while openings on the bottom are a downward energy (grounding, rooting, connecting). There is one Voice which is a full circle. This Voice encapsulates all others.

The time of day for each Voice is when that Voice is most powerful. If you choose to use a Voice's power during the casting of a spell, try to correlate your cast time with the Voice's prime time.

The Voices each have their own movement. Try out these movements to get the Voice's energy into your body. Each movement is interpretable; move in whatever way feels right to you.

The Voices each find their strength in a part of the body. Try focusing on this body part while performing the Voice's movement. Or use this body part while doing a spell.

Invoke Voices whenever you see fit. If you pull a Voice in regards to a question or conflict, invoking that Voice might be exactly what you need to do to find your answer.

You can invoke Voices any time, anywhere, but be intentional. Invoke the Voices when you need them most. Let them help you.

HOW TO USE THE VOICES

This guidebook is meant to go alongside The Voices divination set. It can be used in a few different ways.

1. Pull a Voice at random and see what it has to say!
2. Ask a question and let the Voice you pull be the answer!
3. The Voices can help you decide how to spend your free time, how to feel about something in your life, or how to approach a tricky situation.
4. Use them instead of flipping a coin. The answer they give you will be more complicated, but all the more powerful because it has been blessed.
5. Take one on your travels to bring the good energy with you all day.
6. Put one under your pillow if you want your dreams to be imbued with a certain energy, or if you want to wake up with the answer to a problem.
7. Use them as a conversation starter. Allow a discussion to be prompted regarding a chosen Voice. How does that Voice's energy show up in your life? What is your relationship to it? What is something you could learn from it?
8. Decorate your altar with your favorite Voices!
9. Put one in a jar with other magic items to charge them with that Voice's energy!
10. Talk to them as if they were your friend.
11. Tuck them into bed at night. Give them sweet kisses. The more attention you give them the more help they'll give you.
12. Notice a trend? Keep pulling the same Voice? This Voice has chosen you! This is *your* Voice. Using this Voice will benefit you the most. (It is possible that your Voice will change over time.)
13. Learn how each unique Voice speaks through you. Get to know their languages and speak their love into the world.

The Voices are the island's Gods.

Once, it was the witches' job to care for them.

Now, they care for us.

Use their wisdom wisely.

If you would like to learn more about the Voices, find
THE CAPTAIN.